

Stay young ! Get involved !



the **TASCA Tally**



TASCA BREAKS GROUND ON NEW BUILDING !

TASCA broke ground on its new building on April 11, a move intended to alleviate overcrowding at the dinners, bluegrass jamborees, gospel songfests and dances held monthly at the Center. Community sponsors joined TASCA members, staff and directors to celebrate the start of construction of a 6,000 square foot facility.

Part of the three-phase TASCA Growth Plan, the new building is included in Phase 2. Grady Rowland of Landmark Homes, General



Contractor for the project, estimates completion in early August. This facility will enable TASCA to hold ALL of its activities and events at a single location. Also included in Phase 2 is the creation of additional parking.

Obtaining a permanent facility that would support the majority of TASCA activities and events was completed in Phase 1 of the Plan, with the purchase of the land and existing building in Whitehouse.

Phase 3 objectives include paving the parking lots, enhancing the surrounding landscape, and creating a patio, outside recreation areas, and walking paths.

With completion of the dirt work drawing to an end, pouring of the concrete foundation for the new building will begin soon.

TASCA offers 25+ activities and events monthly to the adult population in East Texas communities. Participation in these life-enhancing opportunities reached over 13,000 in 2010. Additional space offered by this new building will enable TASCA to accommodate more people at more events.



GROUP CHALLENGE IS GOING STRONG !

A clear leader since Day 1—the Line Dance Group is definitely in it to win it!!! They have more than met their goal and are still going strong. Several members of the group have donated individually, and the group takes up donations each time they meet.

The Mah Jongg Group has moved up from 3rd place to 2nd place this month and are more than half way to meeting their goal. And the Hand and Foot ladies have come on strong and have tied the 42 Wednesday Group for 3rd spot! The 42 Monday Group is not doing too shabby at 37%, either!

CLASS	GOAL	GIVEN	%
Yoga	\$172	\$0	0%
42 - Mon	\$860	\$320	37%
Bridge - Tue	\$768	\$100	13%
Bridge - Wed	\$576	\$100	17%
Joker	\$240	\$0	0%
Hand & Foot	\$240	\$125	52%
C/W Dance	\$576	\$0	0%
Round Dance	\$480	\$100	21%
42 - Wed	\$576	\$300	52%
Exercise	\$960	\$0	0%
Mexican Train	\$720	\$76	11%
Line Dance	\$705	\$715	101%
Spanish Class	\$376	\$0	0%
Mah Jongg	\$752	\$403	54%
TOTAL	\$8,001	\$2,239	28%

Look for some major movement among the groups in May. The Mexican Fiesta is well on its way to bringing in some big bucks! Besides being the right thing to do, research shows donating to charity helps stimulate the regions of the brain associated with pleasure. TASCA members must be feeling really good right now. Support displayed through the TASCA Group Challenge is catching on, bringing members closer together and helping TASCA in a big, big way!

MEXICAN FIESTA ON MAY 20

Plan on joining us at TASCA on Friday, May 20, from 6:00 to 9:15 for a **Mexican Fiesta**. Our Mexican dinner will include choices of enchiladas, tamales, beans, rice, queso, cactus salad, guacamole, chips & salsa, and dessert. (Dessert is being sponsored by Caring Companions at Home.) Our line dancers will entertain us with a dance exhibition at 7:00, and then you can dance to a variety of music provided by DJ's Kay and Dwain Spradlin. Or, the Mexican Train players will save a spot for you at the train station and even teach you how your train can leave the station if you need instruction. And, Hand & Foot, a spin off of that famous Mexican card game Canasta, will also be going on in the game room for those who aren't tapping their hands and feet to the dance music in the auditorium. A silent auction with over 60 great items will be available in the front foyer now through May 20. The silent auction will close at 8:00 p.m. on May 20, and you do not have to be present to win. All of this for \$10. A ticket entitles you to any or all of the activities at the Mexican Fiesta. Send your check to TASCA at PO Box 131540, Tyler, TX 75713 or purchase tickets at the TASCA office by Monday, May 16. Please help the Spanish classes, line dance classes, country and ballroom classes, and the Mexican Train group reach their goals in the TASCA Group Challenge. We will be accepting new and gently used men, women and home accessories for our silent auction through May 16. Cash Donations are accepted too.

Singles Dance

Friday, May 13

7 - 10 PM

\$6.00



Music By:

Sid & Dolores Cox

Free Line Dance Lessons

6:30 - 7:00

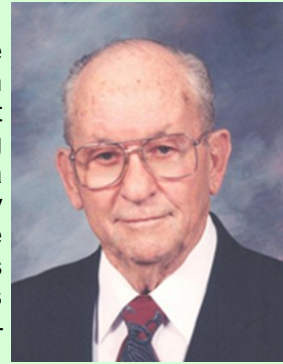
TASCA Activity Center

Sponsored by Scott & White



Our Condolences...

We offer our heartfelt sympathies to Eloise McLeroy, family members and friends on the death of Earl Swann, who passed away after a short illness on April 22, 2011 in Tyler. Earl was a long time member of University Christian Church and a beloved member of TASCA. He was especially partial to the TASCA Men's Coffee Club and the monthly dances. Always a gentleman, Earl was gracious with his friendship and generous with his thoughtfulness. Earl will be profoundly missed—but never forgotten!



MAY POTLUCK DINNER



Make plans now to attend this month's Potluck Dinner on May 2. We have a very special program on tap for the evening. Joe Martinez, grandson of Charles Chibitty, Comanche Code Talker of WWII & official Story Teller for the Comanche Nation of Oklahoma will be with us to tell stories of his grand-

father's experiences serving with an elite group known as Code talkers. Joe has lots of artifacts and memorabilia to share. He has asked for WWII Vets to wear their old Army hat, medals, ribbons, pins or any part of their uniform.

FOUR LEGGED FRIENDS

By: Caitlan Bartle, RNc

When you think of pets, what do you think of? Going for a walk? Giving it a bath? Playing in the yard? Do you ever think of increasing your overall health and happiness? Research studies have shown that getting a pet, or spending more time with the pet you have may decrease your blood pressure, fight symptoms of depression, and encourage more social interaction. A pet can also help you focus on and take more pleasure from your daily activities! If a dog or cat is more than you want to take on, these studies have also shown that birds and fish can have the same healthy effects on your life. I encourage you to consider going to the shelter and finding a new friend to take home with you. You can help to improve each other's lives!



May 14
CHANGE !
 TASCA Dance
 will be on the 2nd Sat
 in May—NOT the 3rd Sat
 Hoss Huggins
 & the Ponderosa Band
Ornelas Activity Center
7-10 PM

PINE NEEDLE BASKETS

Please contact the TASCA Office if you are interested in learning to make woven pine needle baskets. If we have enough people interested in learning this unique craft, we will start a class in June. A lady in our community has offered to teach this class. Sign-ups are required by May 20.

WHAT'S UP?

Beginning on Monday, May 9, and continuing monthly on the Monday before the 2nd Tuesday, a "What's Up?" session will be offered for TASCA members. Staff and director representatives will be available to bring you up to date on anything that is going on at TASCA. These meetings will be kept informal and will include both a time for general information and a question and answer time. Meetings will be held in the Activity Rooms starting at 9:30 AM.

MEET KAY !

Kay Marsh has been hired by TASCA to help with the daily operations at the Center. As well as helping with ongoing activities, Kay will be working behind the scenes helping with membership, correspondence, operating procedures and fund development. TASCA is extremely fortunate to have Kay on board—she brings a wealth of knowledge to us in program areas, as well as top notch Ph.D. credentials in English. Kay grew up in the Tyler area, but spent several years away as a professor in Denton, Lubbock and Alabama. She moved back to this area last year to be closer to her parents, Carl and LaVerne Marsh.

BALLROOM DANCE

The Ballroom Dance held in April went over so well that we decided to start having these events on a regular basis. We have 5 more scheduled throughout the year. The next Ballroom Dance will be held on Friday evening, June 24 with the Gary Lee Band. Admission will be \$12.50 for TASCA members and \$15.50 for guests.

GOSPEL SONGFEST

Saturday

April 30, 3 to 6 PM

May 28, 5 to 8 PM

Featuring:

*Psalms 100

* Ray Young Gospel Group

* Terry Davis

Bluegrass Jamboree

Saturday

May 14, 2011

Jamming 3–5:30 PM

Live Bands & Show 6–10 PM

- ◆ *Highway 19*
- ◆ *Gray Brothers*
- ◆ *Lykins Family*
- ◆ *Country Grass*

Members—\$2

Guests—\$3



CAKE AUCTION—TOPPED GOAL!

TASCA held its first fund raiser of the year on April 4 with a Cake Auction at the Potluck Dinner. Brookshire's in Whitehouse and Bullard, Walmart on South Broadway and numerous TASCA members donated a total of 22 cakes for this event. Auctioneers Johnie Jordan and Koltan Kelley outdid themselves in bringing in a whooping \$517!



Besides jumping in and helping with the Auction, Koltan had been scheduled for the evening program. He had already wowed the audience with his unique singing and beautiful renditions of several popular gospel songs. Koltan is another example of some of East Texas' finest talent. Great job Kolton!!!

BALLROOM DANCE LESSONS

Dance Lessons usually held on Tuesday evenings will be postponed through the summer. They will start back up in September. Call the TASCA Office and let us know what classes you are interested in.

INTRODUCING a new HMO plan choice for affordable Medicare coverage.



Look for our five-star rating
in the 2011 Medicare & You
booklet or at www.medicare.gov

SeniorCare (Cost) is now available in east Texas. For over 19 years, SeniorCare¹ has served central and west Texas, and now we're serving your area with Trinity Mother Frances and Palestine Regional. With SeniorCare, you get affordable premiums with co-payments as low as \$0,² preventive services at no charge and no lifetime maximum. Medicare Part D prescription drug coverage³ is available, as well as hearing and dental. And you get personalized service, with local offices and a 24-hour Nurse Advice Line.

Call us in Tyler at 1-800-782-5068 for your FREE quote and to sign up
for a FREE information session and HMO sales presentation.
Or call TTY 1-800-735-2989 for hearing-impaired assistance.
Monday – Friday • 8 am – 5 pm • www.swhp.org



Trinity Mother Frances and Palestine Regional Medical Center contract with Scott & White Health Plan to bring you SeniorCare. Other providers are available in our network.

¹Medicare-approved HMO.

²Members must continue to pay Part B premiums.

³SeniorCare Rx (Cost) is separate coverage available at an additional cost.

The benefit information provided herein is a brief summary, not a comprehensive description of benefits. For more information contact the plan. Benefits, formulary, pharmacy network, premium and/or co-payments/co-insurance may change on January 1, 2012.

H4564 ETSRADREV3 2011 CMS approved 12/04/2010

H4564

PO Box 131540

Tyler, TX 75713

RETURN SERVICE REQUESTED

www.tasca.org

Potluck Dinner & General Business Meeting

Monday, May 2, 6:00 PM

TASCA Activity Center

10495 CR 2167



Bring a dish to share!

Program by: **Joe Martinez**



Grandson of Charles Chibitty.

Comanche Code Talker of

WWII &

official Story Teller for the

Comanche Nation

of Oklahoma

(WWII Vets: Wear your old Army hat,
medals, pins, ribbons, or any part of your
old uniform that fits!)

2nd Saturday Dance

May 14, 2011 @ 7:00 PM

Hoss Huggins & the Ponderosa Band

Ornelas Activity Center

TASCA OFFICE HOURS

Monday—Thursday 10:00 AM—4:00 PM

Friday 9:00 AM—11:00 AM

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www.tasca.org